

NM School Counselors' Community of Best Practice

November 16, 2022

A+ Soft Skills



- Self Graded
- Minimum Teacher Training Required
- Pre-recorded Training Available
- 54 Key-Skills
- Free to all New Mexico Juniors and Seniors
- Certificate Award with UNM Mentoring Institute Logo
- Accessed Online, (no downloads needed)



A+ Soft Skills

A Plus Soft Skills Break Down By Skill Group



Communication skills

Dealing with Criticism
Note Taking
Public speaking
The Art of Persuasion
The Importance of Listening
What to do When You Don't Know

Personal Skills

Career Foresight
Creating Realistic Career Goals
Focusing on Long-Term Goals
On the Job Reliability
Organization Skills
Confidence
Critical Thinking
Problem Solving
Motivation
Positive Mindset
Self-discipline

Interpersonal skills

Cultural Awareness
Cultural Sensitivity
Emotional Intelligence
How to Compromise Effectively
Leadership Skills
relationship building
Dependability
Turning Advice into Action
Social Awareness
Dealing with Criticism

Technology skills

Email, Text, and Cell Phone Rules
Internet and Legal Considerations
Professional Internet Skills
Online Job Search Strategies
How to Write an Email

Career Search Skills

Career Networking
Cover Letter Writing
How to Complete the Job Application
How to Successful Interview
Interview Foundations
Interview Strategies
Polishing the job Application
Resumé Writing
Using Online Career Search Tools

Professionalism in the Workplace

Aligning with Corporate Goals
Dress for the Job You Want
Multitask your way to Success
The Employer/Employee relationship
Time Management
Workplace Attendance
Workplace Ethics
Workplace Teamwork
Humility in the Workplace
Meeting Room Conduct
The Corporate and Vocational Environment
Workplace Arrogance
Workplace Communication

Advanced Placement Updates



Melissa DeLaurentis, Ed.D, Education Administrator

NM AP Professional Learning 2022-2023

ADVANCED PLACEMENT PROFESSIONAL LEARNING 22'-23'


WED	AUGUST 17, 2022 2:00 - 3:00 PM	AP Coordinator Orientation	CLICK HERE TO JOIN
WED	AUGUST 17, 2022 4:00 - 5:00 PM	AP Orientation for New Educators	CLICK HERE TO JOIN
WED	AUGUST 31, 2022 4:00 - 5:00 PM	AP Educator PLC #1	CLICK HERE TO JOIN
WED	SEPT 14, 2022 4:00 - 5:00 PM	AP Seminar Working Group	CLICK HERE TO JOIN
WED	SEPT 28, 2022 4:00 - 5:00 PM	AP Educator PLC #2	CLICK HERE TO JOIN
WED	OCT 12, 2022 4:00 - 5:00 PM	AP Educator PLC #3	CLICK HERE TO JOIN
THUR	OCT 20, 2022 2:00 - 3:00 PM	AP Coordinator Exam Order Workshop #1	CLICK HERE TO JOIN

ADVANCED PLACEMENT PROFESSIONAL LEARNING 22'-23'

WED	OCT 26, 2022 4:00 PM - 5:00 PM	Pre-AP Workshop	CLICK HERE TO JOIN
WED	NOV 2, 2022 4:00 PM - 5:00 PM	AP Precalculus Workshop	CLICK HERE TO JOIN
WED	NOV 9, 2022 4:00 PM - 5:00 PM	AP Educator PLC #4	CLICK HERE TO JOIN
WED	DEC 7, 2022 4:00 PM - 5:00 PM	BigFuture Scholarship Workshop	CLICK HERE TO JOIN
WED	JAN 18, 2023 8:30 AM - 4:30 PM	AP Winter Workshops (virtual, College Board facilitated)	REGISTRATION OPENING SOON
SAT	FEB 11, 2023 8:30 AM - 4:30 PM	AP Spring Workshops (Albuquerque, in-person)	REGISTRATION OPENING SOON
SAT	FEB 18, 2023 8:30 AM - 4:30 PM	AP Spring Workshops (Las Cruces, in-person)	REGISTRATION OPENING SOON

ADVANCED PLACEMENT PROFESSIONAL LEARNING 22'-23'

WED	MARCH 8, 2023 4:00 PM - 5:00 PM	AP Educator PLC #5	CLICK HERE TO JOIN
WED	MARCH 29, 2023 2:00 PM - 3:00 PM	AP Coordinator Exam Order Workshop #2	CLICK HERE TO JOIN
WED	APRIL 19, 2023 4:00 PM - 5:00 PM	AP Educator PLC #6	CLICK HERE TO JOIN
APSI	JUNE 5-8, 2023 8:00 AM - 4:00 PM	AP Summer Institutes Week 1 (Albuquerque, in-person)	REGISTRATION OPENING SOON
APSI	JUNE 12-15, 2023 8:00 AM - 4:00 PM	AP Summer Institutes Week 2 (virtual)	REGISTRATION OPENING SOON



Event Color Coding Key: AP Coordinator Workshop, General Workshop, Educator PLC, Winter Workshops, Spring Workshops, & APSIs

Advanced Placement virtual sessions can be joined at:
<https://us06web.zoom.us/j/81430817570?pwd=VmZlWTd0SXA5M2N0N0YlF0QXh1dz09>
 Meeting ID: 814 3081 7570 Passcode: AP2022

For more information, contact Melissa.DeLaurentis@state.nm.us or call (505) 490-3512.
 The NMPED Advanced Placement professional learning series is subject to change.

“AP Precalculus will open the door for many students to advanced course studies in mathematics and will bring a college-level course to students who may not have access to other AP math classes. It will level the playing field for underrepresented students, and all students who have completed an algebra 2 course (or equivalent class) will be able to succeed in this course.”

BRENDAN MURPHY, JOHN BAPST
MEMORIAL HIGH SCHOOL,
DEVELOPMENT COMMITTEE
MEMBER

AP Precalculus will serve three different types of high school students

- 1 AP Precalculus will prepare students who start algebra 1 in 9th grade for a successful transition into a STEM major in college.**

Half of American students begin algebra 1 in 9th grade. Accordingly, most of these students interested in STEM majors and careers will first encounter calculus in college. If they're not ready for calculus, they will need to take precalculus in college first.

These students deserve solid preparation for STEM majors and careers. Providing them with an AP credit opportunity for precalculus will motivate many students to persist in four years of high school math and will significantly boost student readiness for the subsequent math classes they will need to major in STEM.

- 2 AP Precalculus will help students who take algebra 1 before 9th grade prepare for AP Calculus.**

Half of American students take algebra 1 prior to 9th grade. While many of these students aspire to take calculus in high school, many are not ready. Students who take AP Precalculus before their senior year will be much better prepared for success in AP Calculus and for any subsequent math they may need in college.

- 3 AP Precalculus will help students fulfill their college math requirement when their majors and careers do not require calculus.**

Students interested in non-STEM majors will often be able to use a qualifying AP Precalculus Exam score to fulfill a college math requirement. These students can then focus their valuable time and college budget on the courses most central to their majors and careers, avoiding the need to repeat content already mastered in AP Precalculus. Offering a college-level precalculus course in high school will afford a wide range of high school students a new and valuable way to improve math readiness and on-time college graduation.

CollegeBoard

AP[®]

AP[®] Precalculus

PROPOSED COURSE FRAMEWORK

**NEW
COURSE!**

AP African American Studies

Plans for Creating a New Advanced Placement Course

Course at a Glance *Units and Weekly Instructional Focus*

Unit 1: Origins of the African Diaspora

5 weeks

- Introduction to African American Studies
- The Strength and Complexity of Early African Empires
- African Kingdoms and City-States
- Community and Culture
- Envisioning Early Africa in African American Studies

Unit 2: Freedom, Enslavement, and Resistance

8 weeks

- Atlantic Africans and the Transatlantic Slave Trade
- From Capture to Sale: The Middle Passage
- Slavery, Labor, and American Law
- Culture and Community
- Resistance Strategies, Part 1
- Resistance Strategies, Part 2
- Radical Resistance and Revolt
- Abolition and the War for Freedom

Unit 3: The Practice of Freedom

5 Weeks

- Reconstruction and Black Politics
- The Color Line: Black Life in the Nadir
- Racial Uplift
- The New Negro Renaissance
- Migrations and Black Internationalism

Unit 4: Movements and Debates

8 weeks

- Anti-Colonial Movements in the African Diaspora
- Freedom is Not Enough: The Early Black Freedom Movement
- The Long Civil Rights Movement
- Black Power and Black Pride
- Black Feminism, Womanism, and Intersectionality
- Identity and Culture in African American Studies
- Diversity Within Black Communities
- Contemporary Debates and New Directions in African American Studies

College Board will pilot AP African American Studies in the 2023-24 school year. College Board would like to see New Mexico schools represented. Any interested schools should fill out this [interest form](#).

NEW COURSE ALERT!

AP Capstone: Seminar & Research Community of Practice

ALL CURRENT & PROSPECTIVE
AP SEMINAR AND AP RESEARCH
EDUCATORS ARE INVITED TO ATTEND

Join us for the AP Capstone Community of Practice for the 2022-2023 school year to discuss curriculum, units, pacing, and digital portfolio submission on the second Wednesday of each month from 4:00 pm - 5:00 pm.

October 12, 2022

November 9, 2022

December 14, 2022

January 11, 2023

February 8, 2023

March 8, 2023

April 12, 2023

May 10, 2023

Advanced Placement virtual Zoom sessions
can be joined by [clicking here](#)
Meeting ID: 814 3081 7570 Passcode: AP2022

APCapstone™

Research, Academic Rigor, Distinction

New Professional Learning Community of Practice for AP Seminar and AP Research Educators!

If your school is interested in
teaching AP Seminar or AP
Research (elective or ELA
credit), please complete the
[AP Capstone Interest Form](#).

AP Canvas Course

NMPED Program Supports



AP Canvas Course

Self-Enroll in the Advanced
Placement Canvas course:

[https://nmped.instructure.
com/enroll/7MJHFK](https://nmped.instructure.com/enroll/7MJHFK)

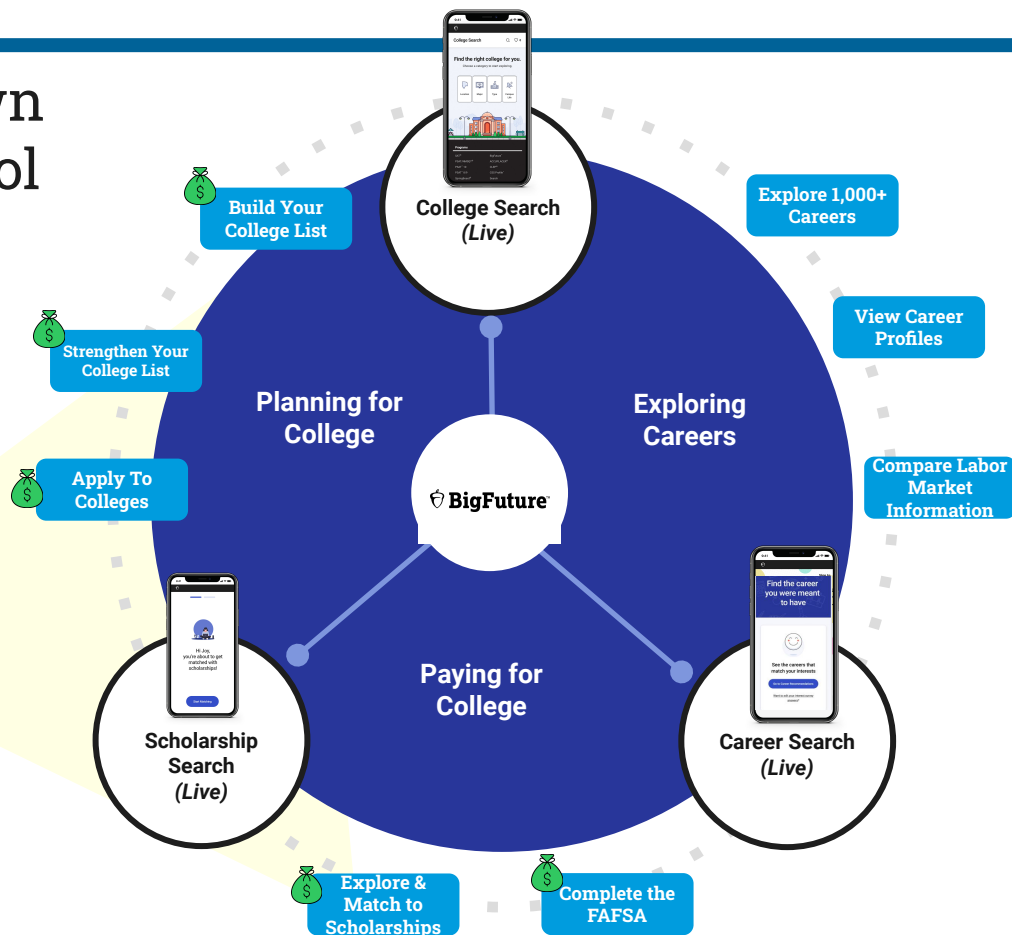
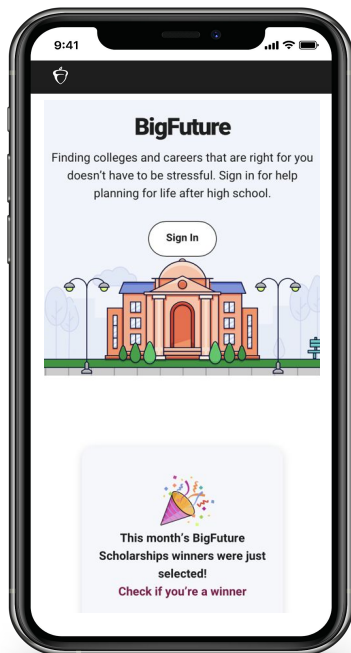


New Mexico Counselor Update 2022

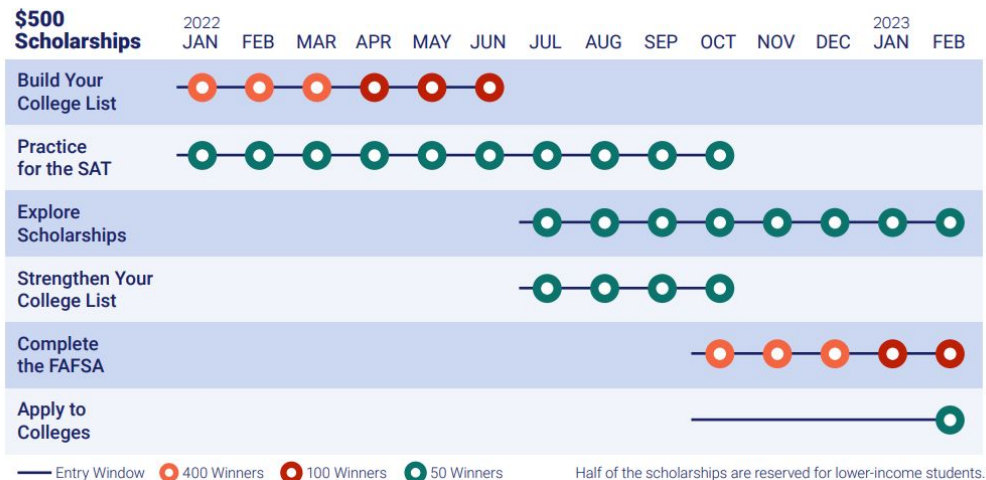
collegeboard.org/counselors



BigFuture Today: Your own guide to life after high school



Class of 2023 students are automatically entered into scholarship drawings by completing college planning steps on BigFuture.



Every month...
\$40,000: Two winners
\$500: Hundreds of winners



"It was the easiest thing to do. I would encourage every student to try and take a chance to try to earn a scholarship."
Aliyah from New York
Class of 2022 Winner (Practice for the SAT)

Class of 2023, **2,744** students have participated in BigFuture.



Will from Winnebago High School
Winnebago, Illinois
Scholarship Winner, Build Your College List Class
of 2023

**Classes of 2020-2022
Scholarships in New Mexico**



19

Winners



9,500

Scholarships Awarded



“To me this scholarship will be a big help to further my career. I’m really grateful to earn this scholarship. For my family it would help them ease the worry of my career financially.”

Lexi from Tularosa High School

Tularosa, New Mexico

Scholarship Winner, Class of 2022

For Your Well Being

Resources to support your well-being as you plan for life after high school.

Well-Being x College and Career Planning

Learn more about...



8 Ways to Manage the Stress in the College and Career Planning Process

[Learn more](#)



Beyond Rankings: What to Look for in a College that Fits You Best

[Learn More](#)



Tips for Reducing Test Anxiety

[Learn More](#)














How to Prepare Mentally for College

[Learn More](#)

New! Coming 2023-24:

When will students take the digital SAT?

	International SAT	PSAT-Related Assessments	U.S. SAT and SAT School Day
Spring 2023			
Fall 2023			
Spring 2024			

 Digital  Paper and Pencil

All students will take the **digital PSAT™ 8/9 and PSAT/NMSQT starting in fall 2023**, followed by the digital PSAT™ 10 in spring 2024.

Digital SAT Suite

What's staying the same

- ✓ The digital SAT Suite will continue to measure the knowledge and skills that **matter most for college and career readiness**
- ✓ **The digital SAT will still be scored on a 1600 scale**, and no concordance is required with the current paper and pencil exam.
- ✓ The digital SAT will still be **administered in a school or in a test center** with a proctor present (not at home)
- ✓ Students will still have **free, world-class practice resources on Khan Academy®**.
- ✓ **We'll continue to support all students**, including those who need accommodations on test day

What's changing

- ✓ **Students will take the SAT Suite of Assessments on a laptop or tablet.**
- ✓ The SAT will be shorter – **about two hours instead of three.**
- ✓ Students and educators will receive scores faster – **in days, not weeks.**
- ✓ **Calculators will be allowed** on the entire math section.
- ✓ **The digital SAT will be more secure and flexible.** Each student will get a unique test form, and states, schools, and districts will have much more flexibility for when they administer the digital SAT.

Benefits of Multi-Stage Adaptive Testing

- More precise measurement
- Shorter tests
- Questions are tailored according to students' achievement
- More secure testing
- Tolerates disruptions in internet connectivity
- Allows students to navigate back to questions within a module

“My experience with the digital SAT was that it was super easy to take. It was very convenient, and I was definitely less stressed out. I would definitely recommend it because it took away a lot of the pressure that comes with the SAT.”

Student Participant, March Digital SAT Pilot

Student Practice



01

Sample test questions (with answer explanations)

02

Full-length adaptive digital SAT practice test forms

03

Official SAT Practice on Khan Academy

04

Test implementation and classroom practice guides

05

SAT Suite question bank (SSQB)

Commitments Matter.

Fall registration dramatically accelerates equity and access.

NOV 15



**Deadline for schools to
order AP Exams.**

- Students are more likely to stay engaged in class and dedicated to their learning when they commit to taking AP Exams in the fall.
- Research shows that students who take AP courses and exams have better college outcomes than their peers. All AP Exam scores prove that students are willing to work hard and complete college-level work.

New! Option for Digital

AP Offers Digital Exams in 7 Subjects



Schools can choose to offer Digital AP Exams for these 7 courses

- AP Computer Science Principles
- AP English Language and Composition
- AP English Literature and Composition
- AP European History
- AP Seminar
- AP U.S. History
- AP World History: Modern

- Schools in the 48 contiguous states and Washington D.C. that prefer digital testing can order digital AP Exams.
- No application is required. The AP coordinator can indicate paper and/or digital in AP Registration and Ordering for these 7 exams.

Learn More:



[cb.org/ap-2023-digital](https://collegeboard.org/ap-2023-digital)

Expand with Impact

AP Seminar

Create new on-ramps for students taking additional AP courses in high school.

AP Computer Science Principles

Drive diversification of computer science.
Build the pipeline to the college major.

AP Precalculus

Students who take Precalculus are 155% more likely to complete a bachelor's degree.

About AP[®] Seminar

- Introduced in 2014
- Created in response to college admissions leaders' request for a course focused purely on skills needed in every college major
- Yearlong, interdisciplinary course, with no prerequisites, most frequently taught as an English course
- The first course in the two-course AP Capstone Diploma™ Program, however, AP[®] Seminar can be offered as a standalone course
- Students:
 - Learn **applicable skills** to help in college and career
 - Work in teams to investigate a topic of choice and make a **presentation**
 - Students conduct independent **research** and learn how to use **evidence to support their ideas**
 - **Qualify to earn a score of 1–5** based on their projects

“Doing **real-world investigations** and **offering research-based solutions** has **produced critical thinkers** who are **motivated to do something in their community.**”

James Wszolek
English 10: AP Seminar Teacher,
English Department Co-Chair
La Porte High School

AP Computer Science Principles

Designed to attract a more diverse group of students by focusing on collaboration, creativity, and student choice in selection of projects.

- In most classes, students are told what to study. But in AP CSP, **students choose the topic and build a project around it.**
- **Students learn by doing.** They research problems and design solutions.
- **Students build skills they can use in the real world**, like public speaking and app development
- **Designed to be open to all:** Algebra is the only prerequisite



Students Get a Larger **Boost** with Precalculus

Precalculus Is a Powerful High School Math Course



Students who take precalculus in high school are

155%

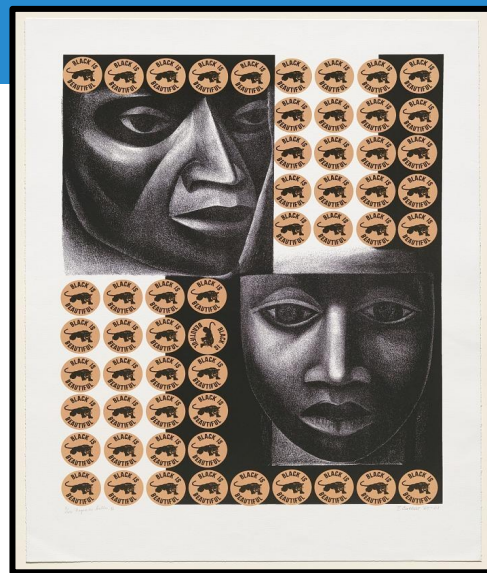
more likely to complete a bachelor's degree³,
a higher boost in degree completion than students
taking Algebra 2, Trigonometry, or Calculus.



³ Trusty, J., & Niles, S. G. (2003). High-school math courses and completion of the bachelor's degree. Professional School Counseling, 7(2), 99–107.

AP African American Studies

A multidisciplinary course that examines the breadth of African American experiences through direct encounters with rich and varied sources, drawing from the fields of literature, the arts and humanities, political science, geography, science, and more.



Thank you!

Kimberly Bostwick

Director, New Mexico

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Clearing a path for all students to own their future

Thank you!

Angelica Delgadillo

School Counselor Liaison

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🌐 <https://schoolcounselors-nm.com/>

🌐 <https://www.linkedin.com/in/angelica-delgadillo/>

📞 1-505-670-9993

Next Meeting: Wednesday, January 18, 2023; 2:30 - 3:30 pm

See you next year!