

ISSUE  
October  
2022

NEW MEXICO  
SCHOOL COUNSELORS'  
MONTHLY NEWSLETTER

# COUNSELOR CONNECTION

## ROOTED IN OUR STRENGTHS

STUDENTS IN NEW MEXICO ARE ENGAGED IN A CULTURALLY AND LINGUISTICALLY RESPONSIVE EDUCATIONAL SYSTEM THAT MEETS THE SOCIAL, EMOTIONAL, AND ACADEMIC NEEDS OF ALL STUDENTS.

## EQUITY, EXCELLENCE, AND RELEVANCE

THE NEW MEXICO PUBLIC EDUCATION DEPARTMENT PARTNERS WITH EDUCATORS, COMMUNITIES, AND FAMILIES TO ENSURE THAT ALL STUDENTS ARE HEALTHY, SECURE, IN THEIR IDENTITY, AND HOLISTICALLY PREPARED FOR COLLEGE, CAREER AND LIFE.



## NM School Counselors' Community of Best Practice

### EAST MOUNTAIN HIGH SCHOOL COLLEGE & CAREER FAIR

Tamara Marcelain, College & Career Readiness Counselor, at East Mountain High School (EMHS) held her College & Career Fair for her senior class. She wanted to incorporate career-driven information in her fair, so worked with the New Mexico Department of Workforce Solutions to create a more robust fair. Students chose from presentations such as Why I Work (an activity that helps students determine the wage they must earn to maintain the lifestyle they prefer), Trades/Certifications, and Resumes/Interview Tips. (You can view the complete schedule of the EMHS college and career fair [here](#)). Tamara shared more about the fair.

*East Mountain High School held its annual Fall Senior College & Career Workshop with great success, thanks in great part to Angelica Delgadillo, the NM Department of Workforce Solutions and UNM for their willingness to provide staff to speak to seniors on a variety of post-secondary and workplace readiness topics. I was thrilled with the feedback from the seniors and presenters! Students said they gained valuable information in their small classroom settings where presenters challenged them to consider the opportunities they have as they plan for their futures after graduation.*

*Students selected four presentations to attend from the seven that were offered. Sessions included: Study Out-of-State and Abroad, Want to be an Engineer, Scholarship Searches & Financial Aid, Why I Work/Career Explorations, Resume & Interview Tips & Tricks, Trades & Certifications, and Becoming a Nurse.*

*To follow up this event, EMHS hosted the [NMCAC](#) Fall 2022 College Tailgate Fair. College admissions professionals and military personnel visited with the juniors and seniors to discuss their post-secondary options.*



Tamara welcomes any questions you have regarding her Fall College & Career Fair.

Tamara Marcelain, College & Career Readiness Counselor - [tmarcelain@eastmountainhigh.net](mailto:tmarcelain@eastmountainhigh.net)

## NEW MEXICO CAREER TECHNICAL STUDENT ORGANIZATION PROMOTIONAL VIDEO

We all know that students who are involved in extracurricular activities/organizations gain skills that help them in the future. Career and Technical Student Organizations (CTSOs) go beyond “clubs” to form an integral part of CTE programs of study, and are extremely effective at promoting career, leadership, and employability skills. Examples of CTOS in NM include DECA, FFA, and SkillsUSA. Check out this new and dynamic promotional video that you can post to your website, send in a parent newsletter, or show in an advisory to get students involved at school.



[New Mexico CTSO Video](#)

## EVERY DAY IN OCTOBER IS MANUFACTURING DAY

[NM MEP Manufacturing Day](#)

[New Mexico Made Products](#)

[YouTube](#)

### Manufacturing Day 2022

Manufacturing Day 2022 Events include live and virtual presentations, facility tours, and youth educational opportunities, including a [competition](#) that asks students to find solutions to local business challenges while introducing them to local industries and companies. Events are added as they are organized and confirmed. Check their [website](#) regularly for updates and added events!

- Thursday, Oct. 13, 10:00 am – 12:00 pm, Virtual ~ Mfg. Day Discussion hosted by SBDC-Grants. Registration coming.
- Tuesday, Oct. 18, 1:00 to 5:00 pm, Connect Space, 203 W. Main, Farmington ~ Problem Solving using Rapid Kata and Continuous Improvements: Workshop by New Mexico MEP. [Download Flyer](#). Email Denise Williams at <mailto:denisew@newmexicomep.org> to register.
- Wednesday, Oct. 19 ~ Facility tour of Sandia Science & Technology Park technology companies for students of Technology Leadership High School. Private.
- Thursday, Oct. 20, 1:30 to 2:30 pm, Virtual ~ Cyber Security Workshop presented by SBDC-Grants and New Mexico MEP. [Register](#).

[550 Corridor 2022 events, competition, & materials](#)

[Explore the Manufacturing Career Cluster in NM](#)

## MOCK INTERVIEWS FOR HIGH SCHOOL STUDENTS



mock it till you  
**ROCK IT**  
new mexico

**Mock Interviews for High School Students**

Register your school or youth organization and see a list of other participants around the state.

Register Now

As part of New Mexico’s initiative to increase Youth Career Readiness Opportunities, the Department of Workforce Solutions and New Mexico Workforce Connection Centers encourage high schools around the state to provide mock interview opportunities for students.

The Department of Workforce Solutions has created tools to help you **PLAN, PREPARE,** and **HOST** a successful Mock Interview event for your students on their website: <https://www.dws.state.nm.us/Mock-It-Till-You-Rock-It>

The goal of Mock It Till You Rock It! is to offer students throughout New Mexico the opportunity to enhance their soft skills, and to help reduce the stress and anxiety that may surround a young person during their first interview, whether it’s for college or a career. We hope to boost confidence by acknowledging strengths during interviews, along with providing constructive feedback in a low-stress environment.



Participating schools are responsible for coordinating and hosting their own events, however the Department of Workforce Solutions is available for guidance and support. Mock It Till You Rock It! events can be scheduled anytime throughout the school year and can target entire student bodies or individual classes. Once you register to participate, your school’s event will be highlighted on the Mock It Till You Rock It! website. Employers and community leaders can see which schools are participating and will be encouraged to volunteer as mock interviewers.

We look forward to your school participating!

Karla Meléndez (She/Her)  
Work-Based Learning Coordinator  
New Mexico Department of Workforce Solutions  
New Mexico Public Education Department  
[karla.melendez@state.nm.us](mailto:karla.melendez@state.nm.us)



### COUNSELOR “REAL WORLD” INTERVIEWS

New Mexico Counselor Educators are seeking school counselors to be interviewed by their graduate students. Oftentimes, this is an assignment for graduate students to gain insight and invaluable Information about the “real world” of school counseling. If you are interested in getting interviewed by graduate students in school counseling programs, fill out [this form](#).



# THE MORE YOU KNOW... HELPFUL RESOURCES AND INFORMATION

## PROFESSIONAL LEARNING

Oct.  
**4, 11**  
5- 6:30

The Sofia Center - Virtual Event (FREE)  
**Topic:** Start from Within- Equity- Centered Social Emotional Learning Series  
[RSVP HERE](#)



Oct.  
**24**  
10- 12:30

Join representatives from **Texas Tech University** to learn about important 2022 updates! This is a FREE lunch, open to school counselors, advisors, and CBOs to help students with their college and career plans.  
**Location:** Pappadeaux Seafood Kitchen  
5011 Pan American Fwy NE, Albuquerque, NM 87109  
[RSVP HERE](#)

Nov.  
**18**  
8-11:30

**CNM Counselor Conversations**  
An opportunity for counselors to get updates on admissions, financial aid, scholarships, student resources/programs and take a campus tour.  
[REGISTER HERE](#)

## MARK YOUR CALENDAR

- **October 13** - 10:00 am – 12:00 pm, Virtual ~ MFG Day Discussion hosted by SBDC-Grants. *Registration coming.*
- **October 10** - NMEAF will begin hosting [FAFSA Virtual Workshops](#) beginning Monday, October 10, 2022 to help your families complete their FAFSA for the 23-24 academic year. Want to host a FAFSA event at your school and need some ideas on how to get started? Set up a meeting with [Angelica](#) to collaborate!
- **October 18** - 1:00 to 5:00 pm, Connect Space, 203 W. Main, Farmington ~ Problem Solving using Rapid Kata and Continuous Improvements: Workshop by New Mexico MEP. [Download Flyer.](#)
- *Email: DeniseW@NewMexicoMEP.org to Register.*
- **October 19** – New Mexico School Counselors' Community Monthly meeting at 2:30 p.m. (See below for additional info.)
- **October 20** - 1:30 to 2:30 pm, Virtual ~ Cyber Security Workshop presented by SBDC-Grants and New Mexico MEP. [Register.](#)
- **October 27** - 11:30 am to 1:00 pm, Virtual ~ Automation Lab: Explore new technology at New Mexico MEP's Tech Demo room. [Register.](#)
- **November 4** – NMSCA Annual Conference featuring Dr. Russell A. Sabella – [Learn More.](#)

## NM SCHOOL COUNSELORS' COMMUNITY MONTHLY MEETINGS FOR 2022-23 ACADEMIC YEAR

New Mexico School Counselors' Community Meetings will be held on the third Wednesday of each month from 2:30-3:30 p.m. The next meeting of the academic year will be held on October 19. The presenters will discuss New Mexico Course Consortium and Careers2Communities.

The New Mexico Course Consortium is a network of public districts and charters collaborating to support NM students, families, and schools by expanding access to learning opportunities through supplemental open enrollment.

The Careers 2 Communities program is a collaborative effort led by New Mexico Public Education Department (NMPED) and funded by The Expanding Access to Well-Rounded Courses Demonstration Grants Program. Together, the team will serve students through the development of well-rounded courses to support math learning and Career and Technical Education (CTE) furthering students' career and college readiness. Online courses will ensure all students have access to CTE and career and college readiness courses otherwise not available to them.

[Register for Meetings](#)

### THE NEW MEXICO ASSOCIATION FOR CAREER AND TECHNICAL EDUCATION CONFERENCE

The **NMACTE** Conference was a great success for professional development around CTE. The Pre-Conference for school counselors with Diane Campbell was a hit and you can view her presentation in the [Shared Resource Library](#).

## IMPORTANT DATES AND RESOURCES FOR STUDENTS

- **Matriculate** is looking for New Mexico seniors to apply to their FREE college advising program. Matriculate's mission is to empower high-achieving, low-income students to make the leap to the best college and universities. Student alumni rave about this experience.
- The University of New Mexico's **Combined BA/MD Program** is offering virtual information sessions for students/families prior to the application closing on 11/3. These sessions will provide information about the background of the program as well as some additional insight into the application process. Please use the link below to register for the sessions. **Questions?** Counselors can contact Jered Cervantes (JACervantes@salud.unm.edu) or our office (505-925-4500) or at hsc-combinedbamd@salud.unm.edu.
  - **Saturday, October 1<sup>st</sup>** – Register [HERE](#)
  - **Thursday, October 20<sup>th</sup>** – Register [HERE](#)
- Check out [ASCA's 2022-23 National Educational and Health Awareness Dates Calendar](#) to plan your school events, announcements, bulletin boards, newsletter content, etc.

## FINANCIAL AID & SCHOLARSHIPS

- FAFSA 22-23 - Application opens on October 1<sup>st</sup>: <https://studentaid.gov/h/apply-for-aid/fafsa>
  - FSA ID - <https://studentaid.gov/fsa-id/create-account/launch> (Complete this step 1st)

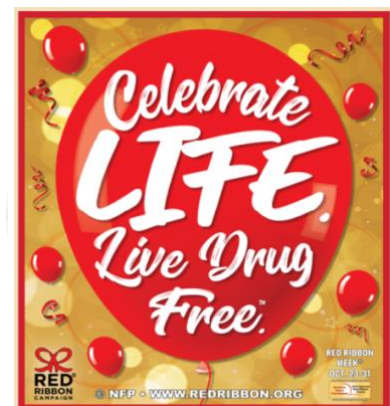
*New Mexico Public Education Department (NMPED) and New Mexico Educational Assistance Foundation (NMEAF) have developed the Student Financial Aid Education Course. This course is designed to provide students with general knowledge of the financial aid process at federal and state levels. Enroll your seniors today! Click [here](#) for enrollment instructions.*
- College Board's CSS Profile - Application is now open
- October SCHOLARSHIPS:
  - [The New Mexico Association of Secondary School Principals \(NMASSP\)](#) would like to let high school counselors know that **Oct. 14, 2022**, is the deadline for your juniors and seniors to turn in applications for the \$10,000 US Senate Youth program and scholarship competition. Two NM applicants will be chosen for the scholarship award, including attendance at the USSYP event. Application packets, rules and application materials can be found at the bottom of the NMASSP webpage: <http://nmassp.org/ussyp>
  - [Daniels Scholarship](#) - Deadline October 15, 2022
  - [Jack Kent Cooke Foundation Scholarships](#) - Now Open, Deadline: November 17, 2022
  - [Coca-Cola Scholarship](#) - Deadline October 31, 2022
  - [Burger King Scholarship](#) - Opens October 15, 2022
  - [Dell Scholarship](#) - Opens October 1, 2022



[NBPM Resources](#)



[Unity Day Resources](#)



[RRW Resources](#)

Greetings!

*My name is Holly Noel, and I am the new NS4ed Director of School Counseling. I am from North Carolina but have lived all over the world. I even lived in Albuquerque for about 6 months and ventured out into Santa Fe while indulging in way too many homemade sopapillas. I earned my undergraduate degree in Recreational Therapy and Psychology from Winston-Salem State University. Years later, I earned my master's degree from Capella University while living abroad in Europe. I bring to you several years of experience as an early college counselor who believes in advocacy, equity, and empathy. As a solo lead counselor, I have pulled long hours to complete end of year reports, transcripts... the schedule changes or at least the requests (sigh), all while trying to be intentional about implementing my school counseling program and of course building relationships with kids. I say all of that to say, I get it, I support you, I appreciate you, and I am here to serve you all, because a counselor needs a counselor too, right! My goal is to work alongside NM PED's School Counselor Liaison, listen to your needs, and provide valuable information and useful resources throughout the school year.*



With Gratitude,

Holly Noel  
[holly.noel@ns4ed.com](mailto:holly.noel@ns4ed.com)

## CONTACT US

### NMPED COLLEGE AND CAREER READINESS BUREAU

CLICK [HERE](#) TO VISIT WEBSITE

INTERIM DIRECTOR

[Alexandra Lutz](#)

SCHOOL COUNSELOR LIAISON

[Angelica Delgadillo, MA](#)

WANT TO SET UP A MEETING WITH ANGELICA? [CLICK HERE!](#)

### NS4ED/PATHWAY2CAREERS STAFF

VICE-PRESIDENT, SCHOOL SERVICES

[Dr. Jamisa Williams](#)

DIRECTOR OF SCHOOL COUNSELING

[Holly Noel](#)

PROGRAM MGR, EDUCATION SERVICES

[Kelly Kennedy](#)

[NM SCHOOL COUNSELORS COMMUNITY RESOURCE SITE](#)