

NM School Counselors' Community of Best Practice

September 21, 2022

NM School Counselors' Community of Best Practice

- Introductions
- Website
- Newsletters
- Monthly Meetings (virtual)
- Conference

Meeting Focus: 3 C's

- College Information
- Career Information
- Collaboration
- + New Information

It takes a village!

- NMSCA
- NMACTE
- NACAC
- RMACAC
- NMEAF
- Education Opportunity Center
- ENLACE NM
- Project ECHO
 - Social Emotional Learning
 - School-Based Health Centers
 - Southwest College & Career Counseling
- Matriculate
- Junior Achievement
- New Mexico Department of Workforce Solutions
- 21st Century Solution - A+ Soft Skills
- Careers2Communities
- NM Career Clusters Guides



- Visit the [website](#)
- Join & Get Involved
 - Board & Committee Opportunities

■ **Member Conference Fee – \$50.00 – 83 left**

■ *Cost for NMSCA members. Login to get this great rate!*

■ **NMSCA Board Member – 3 left**

■  (Registration code required)

■ *Special rate for NMSCA Board Members only*

■ **Non-Member Conference Fee – \$125.00 – 15 left**

■ *Conference registration fee for non-members. Consider becoming a member to save money.*

■ **Student/Retired Member Conference Fee – \$30.00 – 10 left**  Only for

certain membership levels. [Details](#)

For student or retired members only.




**New Mexico School Counselor Association
Annual Conference**

**SOLUTION FOCUSED BRIEF COUNSELING
PRESENTED BY
DR. RUSSELL A. SABELLA**



Conference Information
NMSCA Conference will in person this year!!
Uptown Sheraton Hotel

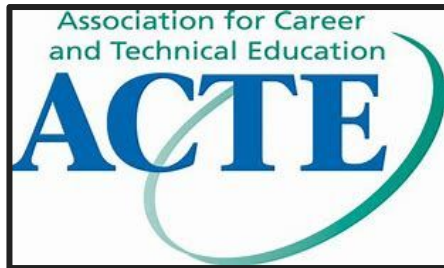
Conference Fees
Member Conference Fee \$50
Non-Member Fee \$125
Membership \$50
Student and Retired Members Fee \$30
6 CE Hours NBCC Approval No. SP-4026

To Register for Conference go to <https://www.nmschoolcounselor.org/>
Click on Events

November 4, 2022

New Mexico Association of Career & Technical Education

- NMACTE Socials held by Zoom - Typically, the first Wednesday of the month
- NMACTE website - [New Mexico Association for Career and Technical Education - ACTE \(acteonline.org\)](https://acteonline.org)



National Association of College Admission Counseling

- Visit the [website](#)
- Special Interest Groups
 - Public School SIG
 - Charter School SIG
 - Rural & Small Town SIG
 - SIGs by Ethnicity
 - LGBTQ+ SIG
 - ...And more!



Rocky Mountain Association of College Admission Counseling

- Visit the website
- Join & Get Involved
 - Board & Committees
- Scholarships for school counselors and students
- Professional Development
- College Fairs
- College Bus Tour



RMACAC Albuquerque College Fair (9/18/22)



**New Mexico
Educational
Assistance
Foundation**

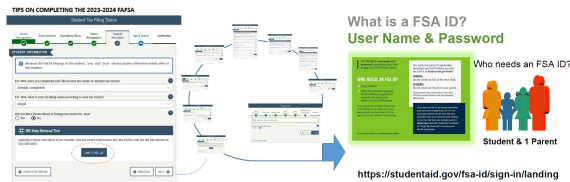
NMEAF RESOURCES



NMEAF RESOURCES

Virtual Presentations

- Financial Aid (Federal & State)
- FSA ID (How to)



Basics of Financial Aid
and the FAFSA® Process

The process of
Creating your FSA ID

Student Incentives (Scholarships & Prizes)



Annual FAFSA Trainings



FAFSA MONEY MONDAYS
NEED HELP WITH YOUR FAFSA?
HAVE QUESTIONS?



NMEAF RESOURCES

Website(s) Content & Digital Materials

<https://www.nmeaf.org/FAFSA-Training-tools>



College Connect NM



Congratulations to the 2021 College and Career Signing Days participants.
We look forward to the new high school graduates of 2022!
Check back in April of 2022 for new postings and information.

2021 New Mexico College and Career Signing Day



Social Media & YouTube



FA & FAFSA Materials



Brochures



Flyers



Posters

NEWSLETTERS (Counselors, Students, Parents)

SPECIAL REMINDER EDITION



Work-Life Balance

We all know how passionate and hard working our education community is - we see it everyday. Long working hours to guarantee our students success. This is a work-life balance reminder from people that care about you. Please take time for yourself to enjoy those little things that help you unwind, you deserve it. A healthy you starts with you!

Have you heard the news?



New Mexico Educational Assistance Foundation (NMEAF) now has federal approval to work with student specific data for New Mexico's FAFSA outreach. A special thank you to the New Mexico Higher Education Department (NMED) for assisting us with acquiring the data permissions needed to make this happen, just in time for the new school year.

How does this help?

NMEAF can now provide direct communications to your students and families utilizing all their communications technologies, and call center personnel to contact students that have not started the FAFSA, or have errors on the form; free FAFSA assistance to help them complete.

Is this automatic?

Although many school districts have signed up, a signed service agreement is still required from your district. This is provided by NMEAF and does require a district superintendent signature.

Welcome Back to the New School Year



Ready to Launch

As we wind down the 2021-22 FAFSA season, our gratitude goes out to so many that helped our students and families of New Mexico, especially those who assisted with the Fund Your Future FAFSA Money Mondays.

We are moving at warp speed and continue to hold strong with your assistance in creating opportunities for all New Mexican's to attain a higher education and a brighter future.

We are **ready to launch the 2022-23 FAFSA training and state updates session**. In futuristic-style, it is virtual again. We look forward to seeing you all again on the big screen. *A full agenda will follow.*

Fund Your Future Training Sign Up

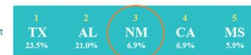
[Register Here](#)



Good job New Mexico!



FAFSA for every student



As of July 29, 2022 New Mexico is ranked 39th in the nation on FAFSA completion. And 3rd in the country in year-over-year % change in FAFSA completions 6.9%.

All your hard work has paid off! More FAFSA's means more New Mexico youth will be on track to a post secondary education in 2022. We couldn't be more proud of our education community. Way to go New Mexico!

COUNSELOR DEMO REMINDER

The canvas catalog counselors demo is tomorrow. If you have not registered please register ASAP.

Zoom session starts at 12pm!



Presenter: Dana Thompson

Outreach@nmeaf.org

STUDENT LEVEL DATA

Data Use Agreement - *must be signed by superintendent*



- Emails (Introduction to Money Mondays)
- Mail brochures with cover letter
- **Calls to students and parents**
- Social Media outreach (Instagram, snapchat, Facebook)
- **Texting campaigns** (FSA ID, FAFSA, Scholarships, College Apps & Tik Tok Challenge)

FAFSA STATUS REPORTS!!

Q & A



Ruben
Reyes

Outreach@nmeaf.org



Joni
Bader

THANK YOU



Educational Opportunity Center

□ Who we are:

- TRIO Program funded by the U.S. Department of Education
- Not UNM recruiters

□ What we do:

- Assist high school seniors in:
 - Filing the Free Application for Federal Student Aid (FAFSA)
 - Applying to the college or university of their choice
 - Assistance in completing other scholarships



Link to our intake application

Educational Opportunity Center

□ Who Can Qualify:

- Seniors must be from Bernalillo, Socorro, Torrance, or Valencia counties
- U.S. Citizens or Permanent Residents
- Target population: low income and/or first-generation college students

□ How do we offer these services:

- One-on-one by appointment or in a workshop setting
 - We are now setting up workshops and presentations for this fall semester please contact Maria for specific dates at maria76617@unm.edu or at (505) 277-4382

Educational Opportunity Center Northern New Mexico College



ABOUT & WHO WE SERVE

- **Free** student support program that helps participants pursue their college and career goals
- New grant serving Northern New Mexico
 - 9-12 and primarily 18 y/o+ who are FG/LI
 - Tribal affiliated
 - Disconnected youth, adults on probation or parole
 - Teen parents
 - Veteran, active military
 - Adult learners looking to go back to school or complete HSE/GED and enroll in college

CONTACT

- Holly Caulder: holly.caulder@nnmc.edu, eoc@nnmc.edu or Director Donna Jaramillo

HOW WE SERVE

- Individual, 1-1 appointments
- Work with college departments and high school counselors
 - Schedule virtual or in-person meetings with our EOC advisors and your student(s)
- Conduct workshops on request

AREAS OF FOCUS

- FAFSA and scholarship applications
- College admissions
- Resume building/coaching
- Coordinate college exploration sessions and campus tours
- Referrals to resources they may need
- Opportunity to request almost anything

ENLACE New Mexico



Vision

ENLACE New Mexico represents the voices of children and families to develop educational and policy initiatives that directly impact them and their communities. We are a network of transformational leaders as diverse as the state we serve. Our collaborative includes students, families, universities, community colleges, school districts, businesses, government agencies, and community organizations. This network is based on a process that empowers communities to express their voices in the pursuit of educational access and success as well as social justice.

ENLACE New Mexico



Areas of Focus

- **STUDENT SUCCESS INITIATIVES** ENLACE's culturally relevant coaching and mentoring programs promote academic and personal success among elementary, middle and high school students as well as students in higher education. Programs focus particularly on students from diverse economic and cultural backgrounds.
- **FAMILY & COMMUNITY ENGAGEMENT** The ability for students to succeed in their education depends greatly on their families' level of involvement as well as support from their communities. ENLACE New Mexico remains dedicated to our mission of providing avenues for engagement, involvement, and growth for families and communities across New Mexico.
- **LEADERSHIP AND PROFESSIONAL DEVELOPMENT** We provide opportunities for participants to engage in a variety of leadership and professional development initiatives each year. These include conferences, colloquia, symposia, workshops, and training sessions in collaboration with numerous state, national, and international partners.

National Hispanic Institute - 2023 Dionisio “Dennis” Chavez, NM Lorenzo de Zavala (LDZ) Youth Legislative Session at UNM and the NM State Capitol

Program Brochure: [NM Brochure \(2023 Final Draft 9.20.22\)](#)
(nationalhispanicinstitute.org)

This year's event will host 150 top students in a weeklong leadership experience on the UNM campus June 11-18, 2023, and highlight the legacy of late Dionisio “Dennis” Chavez. The program is made possible with the help of special funding from the New Mexico Legislature introduced by State Sen. Michael Padilla.

Chavez, who served in the U.S. House of Representatives from 1931-1935 and in the U.S. Senate from 1935-1962, was the first Hispanic person elected to a full term in the Senate and the first senator to be born in New Mexico.

PROGRAM ELIGIBILITY

- 10th or 11th grade students
- Must have a minimum of a 3.2/4.0 grade point average (GPA) or better
- Students from the state of New Mexico
- Enrollment in a college-bound high school graduation plan

PROGRAM REQUIREMENTS

- Must upload a copy of a recent report card or transcript when you register
- For admitted students, Parent/Guardian signatures on the Parent Release and Medical Form
- Must meet NHI's requirements for proof of vaccination for COVID-19
- Must complete pre-program online orientations before attending the program



Project ECHO: SW College & Career Counseling of Native American Students

ECHO FOR SOUTHWEST COLLEGE & CAREER COUNSELING



- ✓ Join a **community of practice** of New Mexico & Oklahoma educators, counselors, and advisors
- ✓ Discover best practices in **college and career counseling of Native American students**
- ✓ Receive a **\$250 stipend** for attending 8 sessions

August 24th
Aligning Career-Connected
Learning Strategies

September 7th
Launching Career-
Connected Learning
Strategies

September 21st
Demonstrating Results of
Career-Connected
Learning

October 5th
Capstones for Better
Preparing Native
Students

October 19th
Improving Health Care
Career Pipelines for
Indigenous Students

November 2nd
Partnerships with Tribal
Communities to Promote
Readiness

November 16th
Social Emotional
Learning & Work-Based
Competencies

December 7th
Relationships with
Native-Serving Higher
Ed. Institutions



Time: 1st & 3rd Wednesday
3:30-4:30pm (MT)
4:30-5:30pm (CT)



Register here:
bit.ly/SWCCCregistration



PROJECT ECHO FOR EDUCATION
UNIVERSITY OF NEW MEXICO HEALTH SCIENCES CENTER

✉ SWCCCEcho@salud.unm.edu echo.unm.edu

Project ECHO: School Based Health Centers

ECHO FOR SCHOOL BASED HEALTH CENTERS



A professional learning opportunity to support School Based Health Center providers in supporting the health, well-being, and academic success of students, providing no cost CNEs, CEUs, and CMEs

- ✓ *Monthly workshops highlighting best practices in providing equitable primary and behavioral health care for all students*
- ✓ *Fall 2022 Sessions & Collaborative Learning Opportunities*
 - *August:: Marketing your SBHC*
 - *September: Suicide Prevention*
 - *October: Grief & Loss*
 - *November: Child Sexual Abuse*



**Last Tuesdays
3:30-4:45pm (MT)**



Register here:
bit.ly/SBHCecho



PROJECT ECHO FOR EDUCATION
UNIVERSITY OF NEW MEXICO HEALTH SCIENCES CENTER

✉ SBHCecho@salud.unm.edu

🌐 echo.unm.edu

Project ECHO: Educator Resiliency through SEL

NM ECHO FOR EDUCATOR RESILIENCY THROUGH SEL



A virtual community of practice for K-12 teachers, schools, and districts seeking to incorporate social-emotional learning in the classroom

- ✓ **Develop frameworks & strategies** for effective SEL through expert-led presentations
- ✓ **Receive targeted professional development** and engage in **collaborative problem solving**
- ✓ There is **no cost** to participate in the program



1st & 3rd Tuesday
Time: 3:30 - 4:30 PM (MT)



Join here:
bit.ly/SELECHO



PROJECT ECHO FOR EDUCATION
UNIVERSITY OF NEW MEXICO HEALTH SCIENCES CENTER
✉ SELecho@salud.unm.edu 🌐 echo.unm.edu

Project ECHO: Higher Education Access & Success

- ❑ **All-teach, all-learn virtual knowledge** network for counselors, educational navigators, advisors, case managers, non-profit staff, workforce development, & volunteers to **gain knowledge, skills, connections, and resources to better support youth & adults on their higher education journeys.**
- ❑ Best Practices shared through presentations
- ❑ Community collaboration and support through case studies
- ❑ 4th Wednesday of the month, 2:30 -4pm via Zoom
- ❑ Next session: Community Resources & Self-Advocacy - Sept. 28th 2:30-4pm
- ❑ <https://padlet.com/marthauwcnm/HEASECHO>

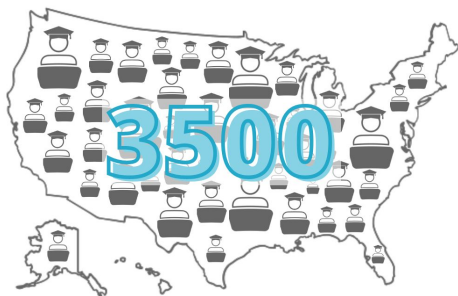


United Way
of Central New Mexico

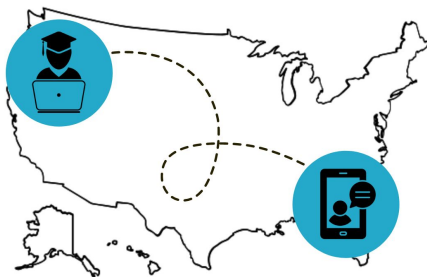


Matriculate

Matriculate (www.matriculate.org) is a national nonprofit that provides free virtual college advising to low-income high-achieving students across the country through a near-peer mentorship model.



We are working with 3500 **students** in the Class of 2023. If accepted, students are matched via email with a *free* near-peer mentor and will work one-on-one through the end of their senior year. Students meet virtually with their Advising Fellow via video chat, phone call, text, and email - all of their meetings are one-on-one to offer students individualized support.



We call our **mentors** Advising Fellows (AFs) - they are current college students from different schools across the country. AFs must apply, interview, and complete 15+ hours of training before they are matched with a mentee. Throughout their term, AFs complete 40+ hours of training and are closely supervised by a full-time team member. *AFs only work with 2-3 students*

Counselor Toolkit: bit.ly/ShareMAT

Application: bit.ly/MAT23Apply

Matriculate

Matriculate (www.matriculate.org) is a national nonprofit that provides free virtual college advising to low-income high-achieving students across the country through a near-peer mentorship model.



APPLY

Students are eligible to apply if they meet all of the following:

- Graduation Year is 2023
- Attends High School in the US
(Undocumented + DACA students are eligible)
- Family income < \$80,000
- At least a 3.5/4.0 GPA
- Takes a Rigorous Course Load

Counselor Toolkit:
bit.ly/ShareMAT



MEET

Students meet with their Advising Fellow a few times a month via video call, phone, text and email to work one-on-one on college tasks, including:

- College Essays
- College Applications
- Financial Aid (including FAFSA & CSS Profile)
- Scholarships
- College Interviews
- Preparing for College Life
- .. and more!



COMPLETE

Our goal is that every student enrolls at their best-fit college (academic, financial and social fit). Highlight from our Class of 2021:

- 98% said their AF was helpful
- 99% enrolled to a 4-year college
- 86% enrolled to a high-graduation rate college
- 95% completed the FAFSA

bit.ly/MAT23Apply

Junior Achievement of New Mexico



We believe in the boundless potential of young people...

- Educator Recommended
- Common Core Aligned
- Free To Schools
- Trained Volunteer Taught Lessons
- Hands-on Activities

Scan here
to
learn more

"I really enjoyed interacting with the kids. It's so neat how they remember what we've learned even after a week has passed before I see them again. It really shows how much they're absorbing from our short time together and I hope that sets them up for success throughout their life."

Olivia Gutierrez
Fidelity Investments Employee & JA of NM Volunteer

In-class
Programs

Virtual
Career
Speaker
Series

Job
Shadow



New Mexico Department of Workforce Solutions

The New Mexico Department of Workforce Solutions strives to be a leader in improving employment and poverty rates through workforce development, enhanced services for employers, and ensuring fair labor practices and workforce protections for New Mexicans.

The Department's Youth Engagement team provides tools and resources for young people to identify careers of interest and skills to create realistic pathways to success. Career readiness is important for young people, whether pursuing a law degree or a certificate program for medical assistant.

Career readiness requires:

- an understanding of oneself
- knowledge of the world of work: careers and work environments
- the ability to choose a career that aligns with one's interests and values
- the ability to express realistic academic and career goals and make a plan to achieve them

New Mexico Department of Workforce Solutions

WHY I WORK

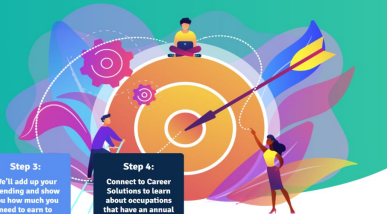
Why I Work is a budget tool that shows you how much money you need to make to afford the things you want and need. Whether you're looking for a new job, making long-term career choices, or both, knowing how much money you need to earn is very important in making employment and career decisions that are right for you. Here's how it works:

Step 1:
Choose the city
that you want to
live in.

Step 2:
Choose the items
that you want and
need.

Step 3:
We'll add up your
spending and show
you how much you
need to earn to
cover your
expenses.

Step 4:
Connect to Career
Solutions to learn
about occupations
that have an annual
wage that pays that
amount.



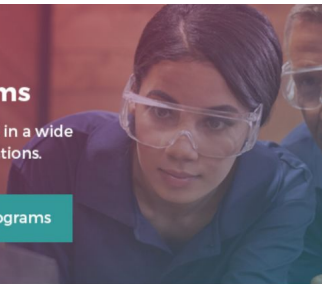
Earn While You Learn

Apprenticeship and Pre-Apprenticeship programs combine paid on-the-job training with related classroom instruction. The goal is to prepare individuals for skilled occupations while equipping them with the practical experience that employers seek in applicants. As a result, employers often ensure that program completers retain employment at an increased wage.

Current Career Pathway Programs

Career Pathways are offered in a wide variety of trades and occupations.

[View Career Pathway Programs](#)



My Dashboard Assessments Career Exploration Education & Training Scholarships Gain Experience The Job Search

Career Solutions



**Preparing our students
for future success!**

INTERNSHIPS | STUDENTS WORK

Students Experienced Professionals Employers Educators

A Hub for Career Experiences

*You need experience to get a job.
Working gives you experience.*

What's the solution?

INDIVIDUALS

[BROWSE OPPORTUNITIES →](#)

EMPLOYERS

[BROWSE CANDIDATES →](#)



21st Century Solution - A+ Soft Skills



A Plus Soft Skills Break Down By Skill Group



Communication skills

- Dealing with Criticism
- Note Taking
- Public speaking
- The Art of Persuasion
- The Importance of Listening
- What to do When You Don't Know

Personal Skills

- Career Foresight
- Creating Realistic Career Goals
- Focusing on Long-Term Goals
- On the Job Reliability
- Organization Skills
- Confidence
- Critical Thinking
- Problem Solving
- Motivation
- Positive Mindset
- Self-discipline

Interpersonal skills

- Cultural Awareness
- Cultural Sensitivity
- Emotional Intelligence
- How to Compromise Effectively
- Leadership Skills
- relationship building
- Dependability
- Turning Advice into Action
- Social Awareness
- Dealing with Criticism

Technology skills

- Email, Text, and Cell Phone Rules
- Internet and Legal Considerations
- Professional Internet Skills
- Online Job Search Strategies
- How to Write an Email

Career Search Skills

- Career Networking
- Cover Letter Writing
- How to Complete the Job Application
- How to Successful Interview
- Interview Foundations
- Interview Strategies
- Polishing the job Application
- Resumé Writing
- Using Online Career Search Tools

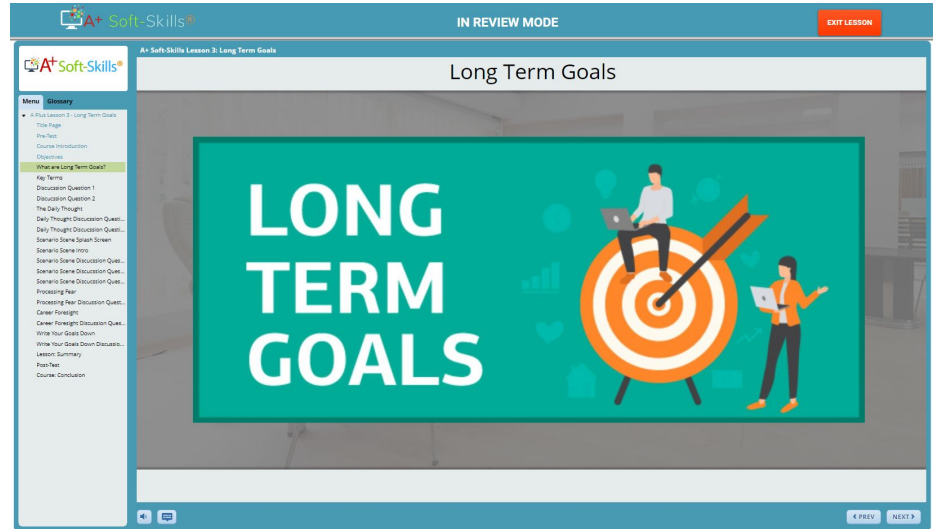
Professionalism In the Workplace

- Aligning with Corporate Goals
- Dress for the Job You Want
- Multitask your way to Success
- The Employer/Employee relationship
- Time Management
- Workplace Attendance
- Workplace Ethics
- Workplace Teamwork
- Humility in the Workplace
- Meeting Room Conduct
- The Corporate and Vocational Environment
- Workplace Arrogance
- Workplace Communication

21st Century Solution - A+ Soft Skills

A Plus Soft Skills Content

- 3 courses
- 18 Lessons each course
- 35 Minutes - 1 hour
Average completion time
- Self Grading
- Asynchronous





Careers 2 Communities

Resources





Resources

- ◆ Careers 2 Communities
 - Community Voices
 - Online CTE
 - Pathway 2 Careers
 - ◆ Career Tools
 - ◆ Quantile Assessments
 - ◆ Career Exploration Lessons
 - ◆ Pre-Algebra, Algebra I, Geometry, and Algebra II courses

New Mexico Career Cluster Guides

3rd Edition

2020



New Mexico
**Career
Clusters
Guide**

NMPED College & Career Readiness is
NEW MEXICO True



3ra Edición

Invierno 2020



**Guía de los Grupos
de las Carreras en
Nuevo México**



College Tips

- ASCA National Educational and Health Awareness Dates (Calendar)
- Letters of recommendation
 - Request Form
 - Headers within a LOR
 - Distinctive Qualities
 - Academic Growth & Trends
 - Areas of Impact
 - Final Recommendation
- School Profile
 - [College Board Resource](#)
 - [NACAC Resource](#)

Needs Assessment

□ <https://forms.gle/hZFGk2UDQ23LaWZu8>



Thank you!

Angelica Delgadillo

School Counselor Liaison

✉ angelica.delgadillo@state.nm.us

📅 <https://calendly.com/angelica-delgadillo>

🌐 <https://www.linkedin.com/in/angelica-delgadillo/>

🌐 <https://schoolcounselors-nm.com/>

☎ 1-505-670-9993

Next Meeting: Wednesday, October 19, 2022
New Mexico Course Consortium