

ISSUE
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NEW MEXICO
SCHOOL COUNSELORS'
NEWSLETTER

COUNSELOR CONNECTION



*NM School Counselors'
Community of Best Practice*

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NEW MEXICO COUNSELORS ATTEND CAREER DEVELOPMENT WORKSHOP IN JUNE

More than 30 New Mexico counselors virtually attended the recent Advance CTE workshop, "Empowering Students through Career Technical Education (CTE) and Career Advising." The workshops were hosted by the New Mexico Public Education Department's College and Career Readiness Bureau and presented by Advance CTE.

The two half-day sessions provided school counselors and other advising professionals with the information and resources they need to connect students with opportunities aligned with their career passions and goals. Participants came away with an enhanced knowledge of the full range of education and career options, with a specific focus on Career Technical Education (CTE) and in-demand occupations, to empower students to skillfully navigate their path to career and college success as well as expand their existing strategies for effective career advisement.

The main objectives of the workshop were to:

- Identify and discuss the various components and benefits of a high-quality CTE program of study, including work-based learning, industry-recognized credentials and dual/concurrent credit;
- Discuss the range of options available in CTE along with current workforce trends and know how to access information on CTE programs and the labor market;

AMERICAN SCHOOL COUNSELOR ASSOCIATION ANNUAL CONFERENCE

No Limits
ASCA 2022 Annual Conference

Join thousands of school counseling professionals July 9-12 at the Austin Convention Center in the heart of downtown Austin, Texas, for the American School Counselor Association's annual conference. The conference boasts four days of inspirational keynotes, informative breakouts, and in-depth looks at hot topics in the school counseling profession.

You can elect to participate in-person or virtually. CEU credits are available.

Learn, network, and re-energize yourself. To view the full schedule of speakers and events, click the button below.

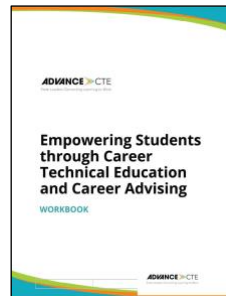
Learn More and Register

NEW MEXICO COUNSELORS ATTEND CAREER DEVELOPMENT WORKSHOP IN JUNE (CONT.)

- Gain effective strategies to assist secondary students with career exploration and development to implement in their community
- Address implicit bias and equity to advance access to CTE and career advising for each learner; and,
- Develop strategic actions to reach students, families, administrators, other counselors and/or other stakeholders to communicate the value of CTE.

School counselors play a unique and specific role in providing students, parents, and families information on the options for CTE in their community to address the career development needs of students. To empower students to explore their future career options and find their passion and purpose, school counselors must implement engaging activities providing a breadth and depth of information across the K–12 continuum.

Advance CTE has provided the resources for all counselors in the state to use as they tune-up or train-up in the areas of career advising. To access those resources, click [HERE](#).



TECH TIP

Want to see what's behind those bit.ly or Goog.l links without clicking on the link?

Go to <http://checkshorturl.com> and type in the short link to see what's behind cloaked links in order to determine if the link is safe to visit.



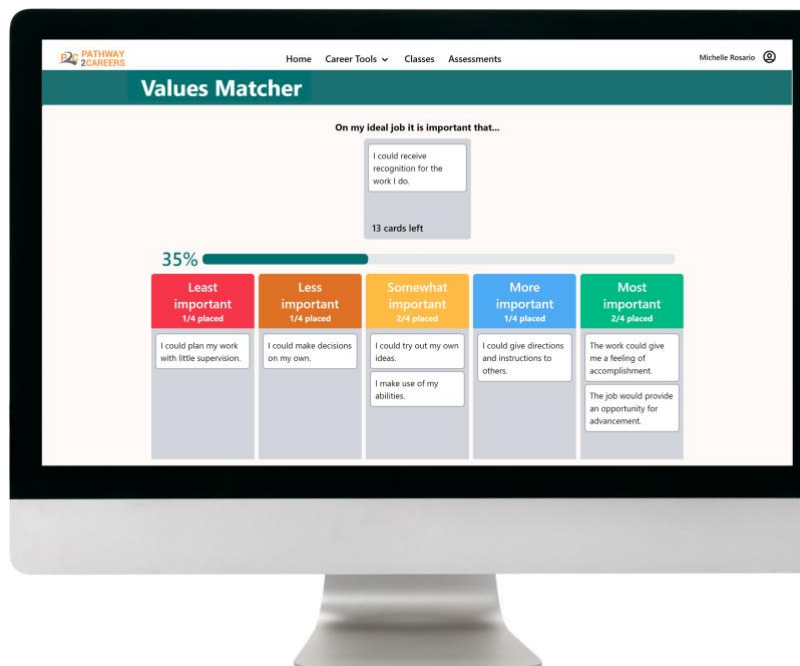
TAILORED CAREER EXPLORATION WITH PATHWAY2CAREERS

The Pathway2Careers™ Program includes a powerful way to engage students in career exploration activities. School counselors, teachers, and administrators use Pathway2Careers to connect students to high-value careers within their region and guide students in making informed career decisions. The career exploration curriculum and online system provide a comprehensive approach to career exploration for integration into everyday school activities.

Pathway2Careers Student Career Exploration is designed for grades 6-12 and offers a complete curriculum for career exploration. Each grade level has 17 lessons for a total of 119 lessons. Furthermore, to help minimize the need to create additional class time for career exploration lessons, the curriculum is integrated into core subject areas (e.g., ELA, mathematics, social studies, science, etc.). Lessons meet career exploration learning objectives alongside standards and objectives for core subject areas. Teachers can make career exploration a part of everyday classroom activities without sacrificing learning time.

Students can identify interests, skills, and values to generate a list of potential careers that would be fulfilling and exciting for that student. In addition, the career exploration system allows students to research careers and develop a personal career page that contains the student's values and interests, favorite careers, and career exploration journal. Pathway2Careers will expand to provide a variety of career preparation tools, such as a pathway builder and an education planner, to help students develop a plan for achieving their career goals.

Engage students by introducing a step-by-step progression of career awareness, understanding, and planning with robust career exploration resources available in Pathway2Careers. Thanks to a federal grant, this program is **available to all New Mexico schools at no cost.** [Get started](#) today!



Here is a screenshot of the P2C Career Exploration “Values Matcher” tool.

ASCA U IGNITE: PRACTICAL STRATEGIES FOR A SUCCESSFUL YEAR

Are you a new school counselor about to start your first job? Or, perhaps, you would like a refresher in comprehensive school counseling programs. Start the year off on the right foot with “ASCA U Ignite: Practical Strategies for a Successful Year.” This online training includes nearly 40 hours of sessions focused on the ins-and-outs of building and maintaining your school counseling program.

Sessions cover the basics of the ASCA National Model, using the templates, addressing legal and ethical issues in school counseling, accessing free resources, and more.

Click [HERE](#) to learn more and register.

MAY WINNER!



Congratulations to an elementary counselor from Rio Rancho Public Schools! He is the May winner of a \$50 Amazon gift certificate for posting on one or more of the Collaboration Boards on the New Mexico School Counselors’ Community [resource website](#).

This was the final drawing for the 2021-22 academic year.

362 SCHOOL COUNSELORS ON THE PANDEMIC’S EFFECT ON CHILDREN: ‘ANXIETY IS FILLING OUR KIDS’

In an April 2022 nationwide survey by the *New York Times*, school counselors said students are behind in their abilities to learn, cope and relate. According to a recent article by Claire Cain Miller and Bianca Pallaro summarizing the survey, “American schoolchildren’s learning loss in the pandemic isn’t just in reading and math. It’s also in social and emotional skills — those needed to make and keep friends; participate in group projects; and cope with frustration and other emotions.”

‘Kids have the highest level of anxiety I’ve ever seen: anxiety about basic safety and fear of what could happen.’

-Susan Julien, Fall River Elementary School, Longmont, Colorado

The article goes on to say, “the counselors — licensed educators who teach these skills — described many students as frozen, socially and emotionally, at the age they were when the pandemic started.”

“Something that we continuously come back to is that our ninth graders were sixth graders the last time they had a normative, uninterrupted school year,” said Jennifer Fine, a high school counselor in Chicago. “Developmentally, our students have skipped over crucial years of social and emotional development.”

Nearly all counselors reported their students were showing more signs of anxiety and depression than before the pandemic and that students were having more trouble regulating their emotions and solving conflicts with friends.

Read the full article at <https://www.nytimes.com/interactive/2022/05/29/upshot/pandemic-school-counselors.html>

Miller, C. C., & Pallaro, B. (2022, May 29). *362 school counselors on the pandemic's effect on children: 'anxiety is filling our kids'*. The New York Times. Retrieved from <https://www.nytimes.com/interactive/2022/05/29/upshot/pandemic-school-counselors.html>

CONTACT US

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CLICK [HERE](#) TO VISIT WEBSITE

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[NM SCHOOL COUNSELORS COMMUNITY RESOURCE SITE](#)