





OCTOBER 2021

NEW MEXICO SCHOOL COUNSELORS' MONTHLY NEWSLETTER

COUNSELOR CONNECTION



NM School Counselors'
Community of Best Practice

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When the Public Education
Department completed New Mexico's
first Social Emotional Learning (SEL)
framework in January, it was just the
beginning of ongoing work to fully
engage in the critical and
conscientious work of meeting the
needs of the whole child. The next
step has arrived.

The PED has created www.NewMexicoSELportal.com to give parents, students, educators, and counselors free access to resources to better understand, teach, and support social-emotional learning in order to build positive school cultures and happy, successful students.

"The need for social and emotional learning and behavioral health supports in schools is greater than ever," said Leslie Kelly, PED's behavioral health coordinator. "We know how hard everyone is working and all the challenges educators,

students, families, and communities have faced and are still facing. We are excited to be able to provide this portal and the 7 Mindsets as free resources to schools to support SEL in their classrooms, buildings, and districts."

Social-emotional learning is the process through which young people and adults acquire and apply the knowledge, skills, and attitude to develop healthy identities, manage emotions, and achieve personal and collective goals. SEL teaches empathy for others, how to establish and maintain supportive relationships, and how to make responsible and caring decisions.

In building the portal, 7 Mindsets, a national leader in online social emotional learning solutions, was











UNM TAOS DUAL ENROLLMENT PRESENTATION

Later this month, UNM-Taos' Dual Enrollment Program will be presenting at a prestigious national conference. On October 26, during the National Alliance of Concurrent **Enrollment Partnerships** (NACEP) in Florida, UNM-Taos will speak on Expanding Dual Enrollment: Hispanic and Tribal Communities in Rural Southwest. "This national platform usually selects proposals from very large universities and K-12 school districts," said Bonavita Quinto-MacCallum, UNM-Taos **Dual Enrollment Programs** Specialist, who will be one of four speakers.

The other speakers include:

- Doctoral Candidate
 Roberta Vigil, UNM-Taos
 senior operations manager
 Loyola Bird, Dulce High
 School English teacher
- Post-Doctoral Fellow Trisha Martinez, Dual Enrollment support

To learn more about the presentation, click <u>here</u>.

NMPED LAUNCHES ONLINE SOCIAL-EMOTIONAL LEARNING PORTAL (CONT.)

enlisted to create and maintain the portal. It offers educators access to the company's courses, curricula, leadership training, and teacher professional development on social-emotional learning.

The goal of SEL is to help students develop the emotions and thought structures to find happiness, success, meaning, and purpose in life. The portal supports those skills with resources and information to build a solid foundation.

"The goal is to teach students how to manage their emotions, express empathy for others, and develop meaningful relationships as they navigate their school years," Public Education Secretary Designate Kurt Steinhaus said in a press release announcing the portal.

"We all – families and educators – have a responsibility to help kids master those skills. This portal is a great place to find those resources needed to start."

The portal provides free videos, lessons, curriculum, activities, and resources for every student, parent, educator, and school in New Mexico to tackle issues like relationship skills, responsible decision making, self-awareness, and much more.

There are videos for students and adults about motivation, substance abuse prevention, suicide prevention, bullying, self-awareness, healthy relationships, decision-making, and many more topics.

The portal offers <u>Social Emotional</u> <u>Learning Tools</u>, which are a curated

collection of resources. Counselors and others also can register with their school contact information to enter the Educator Zone which offers access to full courses and lessons.

One highlight of the Educator Zone is a training provided by 7 Mindsets, which is a valuable resource for all counselors and educators, said Kelly. The portal supports counselors in building a foundational knowledge of social-emotional learning while reflecting, connecting with others, and exploring instructional practices and strategies in order to connect personally to the seven mindsets, which are the foundation of the program:

- Everything is possible
- Passion first
- Attitude of gratitude
- We are connected
- 100% accountable
- Live to give
- The time is now

"As an educator, I am so excited to have these free resources available to my colleagues," said Kelly. "My hope is these resources are useful and the portal is used by all teachers, families, and students as we work to support social and emotional learning."









MOCK IT UNTIL YOU ROCK IT



Do you want to better prepare your students for job interviews? Participate in the Department of Workforce Solutions' <u>Mock It Till You Rock It</u> initiative! Simply pick a date to host a mock interview event at your school, coordinate with interested teachers, start soliciting interview volunteers

from your community, and register your event on the event website. Although the initiative will be promoted during the month of March, your school can schedule an event at any point during the school year. The Department of Workforce Solutions has also developed a variety of tools for schools to use including announcements for students and parents, a step-by-step planning guide, sample interview questions, feedback forms, and more.

For more information, contact <u>Jaime</u> <u>Hernandez</u>.

SCHOLARSHIP OF THE MONTH: DANIELS SCHOLARSHIP PROGRAM

The Daniels Scholarship Program offers a four-year, annually-renewable college scholarship for graduating high school seniors who demonstrate strength of character, leadership potential, and a commitment to serving their community.

The Daniels Scholarship can be used at any accredited nonprofit college or university in the United States. Our goal is not only to help Daniels Scholars succeed in college, but to ensure that they thrive beyond their years in college.



Eligibility requirements:

- Must be a high school senior of New Mexico, Colorado, Utah, or Wyoming
- Must earn a minimum SAT Math score of 490 and a minimum Reading & Writing score of 490 or a minimum ACT score of 18 in each category
- Must have 3.0 GPA
- Must demonstrate financial need

The deadline to apply is November 13, 2021. To learn more and apply, click here.

THIS MONTH'S TECHNOLOGY TIP

Accidentally type with Caps Lock on while using Microsoft Word?

Use Word's keyboard shortcut, Shift + F3 on Windows or fn + Shift + F3 for Mac, to change selected text between lowercase, UPPERCASE or capitalizing each word. (NOTE: This trick doesn't work on webversions of Word or most documents in the cloud.)



NMACTE NETWORKING SOCIALS

The New Mexico Association for Career & **Technical Education** (NMACTE) will host networking socials the first Wednesday of each month. These socials begin with large group announcements before breaking into divisions such as the Counseling and Career Development division. Other divisions include Health. Administration, Agriculture, Business, Family & Consumer Science, Marketing, Post-Secondary, Technology, and Trades & Industry.

You do not need to be a NMACTE member to participate in the monthly socials.

The goal is to create a network of professionals across the state to share ideas and highlight programs.

Our next meeting is tomorrow, Wednesday, October 6!

To join, click <u>HERE</u>. Meeting ID: 816 5903 9380 Dial by location: +1 346-248-7799







91 NM SENIORS COMPETE FOR \$30 MILLION IN NATIONAL MERIT SCHOLARSHIPS



Counselors from around the state have a chance to celebrate 91 inspiring seniors who were named National Merit semifinalists.

This is the first step toward winning the prestigious title National Merit Scholar and competing for a share of \$30 million in scholarships. The New Mexico seniors listed below

are among approximately 16,000 semifinalists in the 67th annual National Merit Scholarship Program. These academically talented high school seniors have an opportunity to continue in the competition for some 7,500 National Merit Scholarships worth nearly \$30 million that will be offered next spring.

About 95 percent of the semifinalists are expected to attain finalist standing upon fulfilling several requirements, and approximately half of the finalists will win a National Merit Scholarship.

The National Merit Scholarship Corporation, a not-for-profit organization that operates without government assistance, was established in 1955 to conduct the annual National Merit Scholarship Program. Scholarships are underwritten by the National Merit Scholarship Corporation with its own funds and by approximately 400 business organizations and higher education institutions that share its goals of honoring the nation's scholastic champions and encouraging the pursuit of academic excellence.

New Mexico's semifinalists are:

ALBUQUERQUE

Albuquerque Academy:

Aubin, Christopher L.
Bryce, Portia J.
Bueno, Timothy A.
Carey, Amanda C.
Ennis, Quinn W.
Fu, David J.
Johnson, Devan
McIndoo, Evelyn J.
Mohoric, Nicholas W.
Patel, Reeya A.
Perez, Sara I.
Richards, Daniel W.

Albuquerque High School:

Wolinski, Sofia J.

Maynes-Pointon, Alexander S. Parnall, Malcolm Perce, Kaya A. Smith, Anastasia

Albuquerque Institute for Mathematics and Science:

Chinala, Ashwin R. Sanchez, Jenna A.

Bosque School:

Morelli, Aldo F.

ALBUQUERQUE (cont.)

College and Career High School:

Adams, Zoey Michel E. Cunningham, Alyssa L.

Early College Academy:

Christison, Pierce O. Davidson, Savannah L.

Eldorado High School:

Paas, Ainsley A. Watson, Joseph R.

Explore Academy Charter School:

Nitti, Brooke M.

Homeschool:

Rodas, Anna M.

La Cueva High School:

Andreas, Pascal R. Chalamala, Rahul Jayaweera, Milidu N. Jones, Francesca B. Kim, Andrew Koirala, Prashamsa Kuang, Oliver L. Landau, Elan Z.

ALBUQUERQUE(cont.)

La Cueva High School (cont.):

Li, Henry
Niu, Derrick T.Outkin, Yana A.
Soicher, Hanan J.
Sumali, Mario F.
Vignogna-Browne, Emilia
Willhite, Benjamin A.
Xiong, Janie
Xiong, Jenny Yeh, Melody F.
Yoo, Brandon

Manzano High School:

Parrish, Mason C.

Oak Grove Classical Academy:

Irvine, Annika K.

Sandia High School:

Miller, Annette I.

Sandia Preparatory School:

Delyser, Ramona P.

Southwest Secondary Learning Center:

Oliphant, Adam G.

St. Pius X High School:

Kim, Leo







91 NM SENIORS COMPETE FOR \$30 MILLION IN NATIONAL MERIT SCHOLARSHIPS (CONT.)

ARTESIA

Artesia High School: Simer, Carley M.

CARLSBAD

Carlsbad High School: Antiporda, Riley P

CIMARRON

Cimarron High School: Holm, Tor J.

CLOUDCROFT

Cloudcroft High School:

Pan, Sophie X.

DEMING

Deming Early College High School:

Escareno, Estrella

FARMINGTON

Farmington High School:

Nguyen, Ethan D. Pomeroy, Ryan J.

LAS CRUCES

Arrowhead Park Early College High

School:

Aswad. Fateh Camunez, Arabella E.

Simmons, Zephyr A.

Centennial High School:

Borah, Arnabh

Collins, Jade N.

Lahiri, Nishka

Owens, Lauren

LAS VEGAS

Armand Hammer United World

College:

Root, Sophia L.

LOS ALAMOS

Los Alamos High School:

Collins, Andrew R.

Corliss, Andrew C.

Gao, Jennie W.

Huang, Cinyoung

Ionkov, Phillip L.

Koo, Olivia N.

Osburn, Kathryn M.

Philip, Aaron M.

Ronning, Kamaya D.

Strauss, Robert R.

RIO RANCHO

The Ask Academy:

Bautista, Timothy-James G.

V. Sue Cleveland High School:

Kuper, Kirsten A.

Homeschool:

Martin, Ainsley

Rio Rancho High School:

Pelowitz, Rebecca L.

Skousen, Rebecca C.

RUIDOSO

Homeschool:

Martinez, Xavier

SANDIA PARK

East Mountain High School:

Amon, Aubrey E.

SANTA FE

Santa Fe Academy for Technology

and the Classics:

Hagele, Samuel E.

Santa Fe High School:

Novak, Tobin S.

Santa Fe Preparatory School:

Bas, Joaquin F.

Boyle, Sarah C.

Brislawn, Reilly R.

Voinescu, Isabel S.

TAOS

Taos Academy Charter School:

Molz, Elliot

UPCOMING EVENTS

OCTOBER 20, 2021

3:00 p.m. - NM School Counselors' Monthly Meeting – Meetings will be on the third Wednesday of every month. Register now and add the meetings to your calendar. Learn More

NOVEMBER 5, 2021

• 8:00 a.m. – 4:30 p.m. - NMSCA Annual Conference - Learn More







INTERESTED IN BECOMING A RECOGNIZED ASCA MODEL PROGRAM?



The Recognized ASCA Model Program (RAMP) recognizes schools committed to delivering

comprehensive, data-informed school counseling programs. These programs, which align with the ASCA National Model, exemplify school counseling at its best.

Are you ready? Download the program assessment tool to see if you've got a true data-informed school counseling program (third edition or fourth edition).

What's Involved in Applying? Learn about the full application process. The RAMP application isn't something your team starts and finishes in a single

weekend but rather the culmination of a full year's work. See a suggested monthly checklist on ASCA's website to get a feel for the process.

Need more help developing your program before applying? Read "The ASCA National Model, fourth edition" and "The ASCA National Model Implementation Guide, second edition." For more help with data collection and analysis, consult "Making DATA Work."

There are also a wealth of webinars and videos about the 12 individual RAMP sections and the benefits of being a RAMP school available on *ASCA On Air*.

Learn more about becoming a Recognized ASCA Model Program.

AUGUST/ SEPTEMBER WINNER!



Congratulations to a counselor from TóHajiilee Community School!

The counselor was the winner of a \$50 gift certificate for posting on one or more of the Community Collaboration boards on the resource website.

Each Thursday, we will send out an email with a new Community Collaboration activity.

Participate to be entered in the drawing!

(Entries for the monthly drawing are limited to one per counselor per week. Only NM school counselors are eligible to win.)

CONTACT US

NMPED COLLEGE AND CAREER READINESS BUREAU CLICK HERE TO VISIT WEBSITE

DIRECTOR: Elaine Perea, PhD <u>Elaine.perea@state.nm.us</u>

DEPUTY
DIRECTOR:

Bobbi Eichhorst

Barbara.eichhorst@state.nm.us

EDUCATION
ADMIN. FOR Barbara Armijo Barbara.Armijo@state.nm.us
COUNSELORS:

NS4ed/Pathway2Careers Staff

CHIEF LEARNING
OFFICER:
EDUCATION PROGRAM
SPECIALIST:

Dr. Danielle Tallent <u>dtallent@ns4ed.com</u>

Kelly Kennedy <u>kelly@ns4ed.com</u>

NM School Counselors Community Resource Site

SUBSCRIBE TO NEWSLETTER

You can also access previous issues of the Counselor Connection on the resources website or by clicking HERE.